

Unit Outline (Higher Education)

Institute / School:	Institute of Education, Arts & Community
Unit Title:	Health and Wellbeing in Diverse Communities
Unit ID:	CHSUG3003
Credit Points:	15.00
Prerequisite(s):	(At least 30 credit points from ANY subject-area at 1000-1999 level)
Co-requisite(s):	Nil
Exclusion(s):	(WELSI2200)
ASCED:	090515

Description of the Unit:

This unit explores the social, political and cultural issues related to physical and mental health and wellbeing in Australian and International communities. These issues will be explored within the lens of the social origins of health. It will critique the bio-medical origins of health and explore alternative theoretical frameworks, such as social determinants of health, social origins of health, psychosocial and ecological practice models. Particular attention will be given to social determinants of health and how race, ethnicity, sexuality, gender and trauma impact on the wellbeing of communities. It will explore how health policy impacts on different and diverse communities and their impact on health equity and access to services for differently placed individuals and communities.

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

No work experience

Placement Component: No

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment.

Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	■	■	■	■	■	■
Intermediate	■	■	■	■	■	■
Advanced	■	■	✓	■	■	■

Learning Outcomes:

Knowledge:

- K1.** Examine health and mental health issues from a variety of perspectives including; practitioners, serviceusers and consumer advocates, locally, nationally and internationally.
- K2.** Define what is meant by good health, mental health and wellbeing and how these definitions are socially constructed.
- K3.** Identify social, cultural, political and economic structural factors in the health and mental wellbeing of all peoples.
- K4.** Critically evaluate policies and practices that influence the health and mental health agenda and their impact on equity and access issues.

Skills:

- S1.** Develop research skills by exploring literature, key concepts and contemporary developments.
- S2.** Communicate social determinants of health to a variety of audiences.
- S3.** Describe and explain a variety of perspectives about health, mental health and wellbeing to a broad audience.

Application of knowledge and skills:

- A1.** Apply contemporary perspectives about health, mental health and wellbeing to practices in community and human services.
- A2.** Communicate with a variety of individuals and communities around the social determinants of health.

Unit Content:

- Conceptualizing Health and Wellbeing: introducing theory and policy frameworks - The bio-medical model/social origins of health/social determinants of health - Constructions of health and wellbeing in health policy - Equality equity and social determinants of health.
- Practice of Health and wellbeing in diverse settings including indigenous populations, migrants and refugees - Race, racism and culture in health settings - Identity, and sexuality - Gendered violence in diverse communities - Re-traumatisation by the system - Poverty, class and health - Disability - Substance abuse and addiction.
- Health and wellbeing practice frameworks when working with diverse communities - Health promotion and health literacy - Trauma informed practice - Holistic/cultural inclusivity and sensitivity - Person in place.

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, K3, S1, S2, A1, A2	Analyse and critique the theoretical underpinnings of an identified contemporary healthy policy/intervention in Australia or international context	Discussion/White Paper	25-35%
K1, K2, K3, S1, S2, A1, A2	Identify 2-3 critical health indicators within Australian society for which there is an identified disparity between mainstream community outcomes and those of an identified diverse community/group	Report	30-40%
K1, K2, K4, S1, S2, S3, A1	In this assessment you are required to present an approach to practice within an identified community/group such as a psycho social model	Essay	30-40%

Adopted Reference Style:

APA ()

Refer to the [library website](#) for more information

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